



MEDIA RELEASE

The Nature Institute
2213 South Levis Lane
Godfrey, IL 62035

Contact:

Amy Curry
(618) 466-9930
info@TheNatureInstitute.org

“FORAGING FOR FUNGI”

Instruction for safe, autumn mushroom hunting offered at The Nature Institute

FOR IMMEDIATE RELEASE

September 24, 2015

Godfrey, Ill – Many questions surround the tricks of wild mushroom hunting. For example, which wild mushrooms are edible and harmless, or what recipes will bring out the best flavor? All of these questions will be answered by The Nature Institute (TNI) on Saturday, Oct. 10 from 9 a.m. to noon.

“Foraging for Fungi” will take place at TNI’s Talahi Lodge, located at 2213 South Levis Lane in Godfrey, Ill. TNI education director Patti Brown, education assistant Ramona Puskar and TNI board member Dr. Patrick Dailey will begin this program with an informational presentation. Then, the group will head out for a light hike on TNI trails to identify wild mushrooms.

“One of the biggest misconceptions about mushroom hunting is that you can only eat morels, which come up in the spring. There are so many other species of mushrooms that are edible and available, especially in the fall”, Puskar said about the autumn hunting season.

Once the hike is finished, the group will head back to the Lodge where the guides will share their favorite recipes for cooking up the best meals with a mushroom fry.

Puskar is eager to test the seasonal recipes with the event guests. “We plan on making a butternut squash soup with black trumpets, a chanterelle pizza and ‘chicken’ enchiladas.”

Admission is \$25 per person, which includes the identification hike and mushroom fry. There are only 30 spots available for this event and pre-registration is required. Those interested in participating should reserve their spot before Monday, Oct. 3 by calling (618) 466-9930 or emailing info@TheNatureInstitute.org.

TNI is a non-profit environmental education and conservation organization in the state of Illinois. Their mission is to foster an awareness and appreciation of the natural world through preservation, restoration and education.

TNI has several hiking trails throughout their preserves. These trails range in difficulty levels from easy to moderate and are free and open for public use from dawn to dusk. TNI owns 450 acres of land, which is protected under permanent conservation easements and the Illinois Nature Preserves Commission. Due to this protection, collecting mushrooms, flowers or anything else on the property is prohibited.

For more information on “Foraging for Fungi” or other TNI events, visit The Nature Institute’s improved website at www.TheNatureInstitute.org or call at (618) 466-9930.

###