

## Family and Adult

**All About Eagles** - The World Bird Sanctuary returns to The Nature Institute this January! Learn about our feathered friends and meet some of World Bird Sanctuary's ambassador eagles in person. After the presentation, hit the trails with TNI's Education staff to try to spot an eagle in the wild. Saturday, January 22, 11-12pm \$12/member, \$15/non-member

**Telescope Nights** - Have an old telescope laying around, but never use it? Always wanted to look at the universe through a telescope, but don't own one? You are in luck! Come on out to the Talahi Lodge and we will have some set up. You can also bring your own and we can help you use it. \$5 for non-members, Free for members

- January 18
- February 17
- March 2
- April 1
- May 16

**Moonlight Hike** - Join TNI staff for a hike under the full moon. Hikes will be moderately strenuous and will cover up to two miles. Monthly on the full moon. \$5 for non-members, Free for members

- January 17
- February 16
- March 18
- April 16
- May 15

**Winter Hikes for Private Groups** - Take your family and friends on a private, naturalist-led hike on the topic of your choice. This one hour program allows you to explore the preserve while we're closed to the public. Dates: Available January through March, Tuesdays through Fridays. Some select Saturday mornings are also available. Programs are available at 10 am and 1 pm. Register on our website.

Member Groups up to 10 individuals: \$20  
Non-member Groups up to 10 individuals: \$30

**Project WET Educator Training** - Are you a classroom teacher or outdoor educator that would like to learn some new activities to share with your students? Project WET is a curriculum all about water. You will gain new tools for teaching your students about the importance of water and water conservation with lessons that hit national science standards and are lots of fun. Saturday, January 29. 9am-4pm Cost: \$32, includes guide and snacks

**Volunteer Naturalist Training** - Interested in volunteering with our Education programs this spring? We will be hosting our Spring Volunteer Training on March 14th from 5 - 7 pm

**Pokemon GO for a HIke**- Calling all Pokémon GO fans! Did you know that TNI has 4 Pokémon gyms and multiple PokéStops? Head out on the trails to catch 'em all with TNI's education staff! Enjoy a leisurely 2 mile group hike with stops along the way to catch Pokémon, battle at gyms, and collect items. Use of a cell phone with the Pokémon GO app is required. Free for members and non-members. Saturday, March 26th at 10 a.m.

**Hikes for Health** - Not only is hiking fun, it also has known health benefits, such as decreasing blood pressure, increasing bone density, and lowering your risk of heart disease. Join us for a bi-weekly morning hike in April and May. Hikes will be moderate intensity over uneven terrain and between 1.5 - 3 miles. This program starts at 8 am every other Wednesday and runs 1-1.5 hours. FREE

- April 6
- April 20
- May 4
- May 18

**Heartland Prairie Hikes** - Head out to Heartland Prairie for an evening hike to learn some plant ID and prairie ecology. Hikes occur on 2nd and 4th Tuesday. Starts at 5:30pm. Free

- April 12
- April 26
- May 10
- May 24

**Yoga + Hike** - The Nature Institute is partnering with Brick City Yoga to bring you a relaxing morning out in nature. Join us for a 60 minute hike before connecting more in a 60 minute outdoor yoga practice with a view of the Mississippi River. Then, stick around for a coffee from local shop Germania Brew Haus. \$25/members, \$30/non-members. Pre-registration is required. April 23rd & May 14th. 8 - 10 a.m.

**Wildflower Walk** - Many of the flowers you'll see in the spring are known as ephemerals due to their short-lived nature. Join one of our naturalists to identify some of these plants before they're gone! This program takes place on May 9th from 9 - 10 am Free for members, \$5/non-members.

**Wilderness First Aid** - Join TNI to learn the basics of Wilderness First Aid (WFA). This two day intensive course covers essential principles and skills necessary for backcountry and isolated situations. The course is taught by a professional instructor with patient care and backcountry experience from Wilderness Medical Associates (WMA), who have been setting the standard in wilderness medicine for over 30 years. Date: May 28-29, 8am-6pm each day Cost: \$250/members, \$270/non-members

**Camp Registration Day** - Camp is just around the corner and we know your child is just itching for a week of outdoor adventures and learning. Camp Registration will begin on March 17 for TNI Members and March 18 for Non-members.

## Older Children and Youth

**Discovery Nature Club** - Join TNI staff for an after school nature exploration. This program is designed for 1st-5th graders. Will occur once a month on a Thursday from 3-5pm. \$10/session non-members, \$9/session members

- March 10 - Pollution Solution
- April 14 - Nature's Invaders
- May 12 - Our Changing Climate

**Outdoor EDventure Days** - This drop off program provides a single camp day for students when schools are closed. Morning snack is included in the program pricing. This program runs from 9am - 3pm and is available to ages 6 - 12. \$50/child non-members, \$45/child members

- March 7 - The Danger Zone
- April 15 - Spring Has Sprung

**Field Guides** - Join TNI staff for an after school nature exploration. This program is designed for 6th-12th graders. Will occur once a month on a Thursday from 4-6pm. \$10/session non-members, \$9/session members

- March 31 - Animal Behavior
- April 28 - Animal Anatomy and Dissection
- May 26 - Habitat Design

**Kids Night Out** - Need an evening off? Join us for a Kids Night Out! This 3 hour drop off program includes dinner and an evening of fun for ages 6 - 10. \$30/child non-members, \$27/child members

- April 22 - Earth Day Party - 5-8pm
- May 13 - Survive - 5-8pm

## Young Children

**Nature Babies** - Strap on your baby carrier and get ready for an adventure! This 30 minute program is crafted for ages 12 weeks to 2 years and includes outdoor and sensory activities, as well as a short group hike. Parents are encouraged to use baby or toddler carriers during our hike, as many of our trails are not stroller friendly. This program is free.

- April 12
- May 10

**Knee-High Naturalist** - Put on some boots and bring your sense of exploration. This program is designed for preschool aged children (3 - 5 years old) accompanied by an adult. Participants will learn about nature, read a story, and go for a short hike. This program takes place at 10am on the 1st Tuesday of the month. \$4/members, \$5 non - members. Sign up for all 3 sessions at the discounted rate of \$10/members, \$12/non-members.

- March 1 - Muddy Mayhem
- April 5 - Glorious Gardens
- May 3 - Incredible Insects

**Messy Play Day** - It's time to get MESSY! Stop by The Nature Institute for a slew of messy activities to take part in. Paint, splash, squish and stomp through a variety of sensory - based activities. Activities will be available between 10am - 12pm. The best part? TNI cleans up the mess! This program has an Early Childhood focus, for ages 18 months to 4 years accompanied by an adult. \$3/child, adults are free. This program takes place on Saturday, May 21st from 10 - 12. No pre-registration is required.

## Member Event

**Family Fun Day**- Come one, come all to a day of family fun at TNI! Build an outdoor blanket fort on the front lawn, meet an animal ambassador from Treehouse Wildlife Center, indulge in an ice cream sundae, and challenge yourself with Minute to Win It games and self guided activities all over the preserve. This exclusive members-only event takes place Saturday, April 30th from 10 am - 12 p.m. All ages are welcome. Pre-registration is preferred, but not required. FREE.

## Mission

Our Mission is to foster awareness and appreciation of the natural world through preservation, restoration, and education.



## Community Outreach

- Over 15,000 visitors hike and use the nature preserve, including K-12 fieldtrips, hikers, educators, birders, and scout groups
- Discovery Day Camp serves approximately 400 area youth annually, for the past 40 years TNI is a non-profit, 501(c)3 organization, funded by donations and grants
- Privately owned and operated 450+ acre nature preserve undergoing continual stewardship and restoration efforts
- Over seven miles of marked trails to explore
- Home to over 300 types of native plants, 150 species of birds, and many other creatures



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# 2022 Calendar of Events January - May

Trails are closed until April 1st.  
Participate in one of our upcoming programs to enjoy the trails through the winter.



Find more information at our website,  
[www.TheNatureInstitute.org](http://www.TheNatureInstitute.org)  
and on Facebook